

Today's Menu...

Monday

Available in the school dining room

main course

Pork and beef meatballs

Spicy meatballs in a tomato sauce served with spaghetti.

Quorn, sweet potato and kale chilli

Roasted sweet potatoes with onions and quorn mince in a savoury sauce, served with cauliflower rice.



vegetables

- Seasonal vegetable choice

desserts

Chocolate chip cookie

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



Portsmouth High Catering

Fresh food produced daily on the school premises for pupils, staff and visitors.

Today's Menu...

Tuesday

Available in the school dining room

main course

Chicken chow mein

Chicken breast marinated in soya sauce and Chinese five spice on a bed of soft noodles.

Savoury smoked paprika tortilla

Peppers, onions and potatoes roasted in smoky paprika, topped with eggs and cheese.

V

vegetables

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- Seasonal vegetable choice

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desserts

Fruit crumble

Mixed fruits topped with crumble and oats served with lemon cream or custard.

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Wednesday

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main course

Mild beef and bean chilli

Minced beef with cumin and mixed beans in a rich tomato sauce served with boiled rice and refried beans.

Broccoli, leek and cheese pasta bake

Steamed leeks and broccoli with pasta twists in a cream sauce.

V

vegetables

- Seasonal vegetable choice

desserts

Chocolate and orange sponge with chocolate sauce

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Thursday

Available in the school dining room

main course

Roast pork loin

Pork loin roasted with sage, served with roast potatoes and homemade apple sauce.

Roasted root vegetables and mixed bean tray bake



Onions, leeks and sweet potatoes mixed with beans and served with a flat bread wrap and beetroot hummus.

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vegetables

- Seasonal vegetable choice

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desserts

Fruit muffins topped with creamy icing

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Friday

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main course

Breaded fish fingers

Cod fillet covered in a golden crumb and deep fried served with skinny fries and a lemon wedge.

Margherita or pepperoni pizza

Thin crust pizza base covered with a rich tomato sauce topped with mozzarella cheese and fresh basil leaves.

V

vegetables

- Garden peas
- Mushrooms

desserts

Ice cream

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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