

Today's Menu...

Monday

Available in the school dining room

main course

Grilled Lincolnshire sausage

Gourmet pork sausage with herbs served with red onion gravy and buttered herb crusted new potatoes.

Five bean chilli

Mixed beans in a mild chilli sauce served with cauliflower rice and topped with fresh coriander.

V

vegetables

- Seasonal vegetable choice

desserts

Golden oatie biscuits

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



Portsmouth
High Catering

Fresh food produced daily on the school premises for pupils, staff and visitors.

Today's Menu...

Tuesday

Available in the school dining room

main course

Chicken korma

Chicken breast in a mild cream and coconut sauce, served with pilaf rice and mango chutney.

Roasted garlic and red pepper tortilla

Fettuccine coated in a red pepper and onion puree, topped with fresh basil and grated parmesan cheese.

V

vegetables

- Seasonal vegetable choice

desserts

Syrup sponge pudding

Light sponge smothered in golden syrup and served with a creamy custard.

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Wednesday

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main course

Turkey and pork stir fried noodles

Turkey strips cooked in soya sauce and five spice served on a bed of soft noodles.

Sweet potato, spinach and butter bean bake V

Roasted sweet potato with wilted spinach and butter beans in a creamy sauce, served with fruity couscous.

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- Seasonal vegetable choice

vegetables

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Fruit Jelly

desserts

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Thursday

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main course

Cheesy pasta bolognaise

Savoury beef mine mixed with pasta, peppers and onions, topped with grated cheese, served with a wedge of garlic bread.

Pea and mushroom pearl barley risotto

Pan fried peas and mushrooms with pearl barley cooked in a vegetable stock.



vegetables

- Seasonal vegetable choice

desserts

Chocolate sponge with chocolate sauce

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Friday

Available in the school dining room

main course

Cheese pizza

Thin crust pizza base covered in rich tomato and basil sauce topped with mozzarella cheese.

Veggie nuggets

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vegetables

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- Peas
- Baked beans

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desserts

Choc ice

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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