

Today's Menu...

Monday

Available in the school dining room

main course

BBQ chicken

Chicken thighs smothered in a tangy bbq sauce served with vegetable fried rice.

Mushroom and cauliflower rogan josh



Cumin roasted cauliflower in a mild rogan josh sauce served with rice and topped with fresh coriander.

vegetables

- Seasonal vegetable choice

desserts

Lemon cake topped with lemon icing

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



Portsmouth High Catering

Fresh food produced daily on the school premises for pupils, staff and visitors.

Today's Menu...

Tuesday

Available in the school dining room

main course

Beef lasagne

Minced beef in a tomato sauce layered with pasta sheets and topped with cheese sauce.

Vegetable lasagne

Peppers, onions and mushrooms layered with pasta sheets and topped with cheese sauce.

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vegetables

- Seasonal vegetable choice

desserts

Sultana sponge pudding

Juicy sultanas in a light sponge served with creamy custard.

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Wednesday

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main course

Spaghetti carbonara

Spaghetti with rich creamy sauce, served with mushrooms and grilled bacon bits

Fish bake topped with potatoe

Steamed fish in a cream sauce topped with potatotoes.

V

vegetables

- Seasonal vegetable choice

desserts

Flavoured jelly

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Thursday

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main course

Chicken pie

Diced chicken breast in a cream sauce, topped with puff pastry and served with roast potatoes.

Puy lentil cottage pie with sweet potato and kale mash V

Braised green lentils in a tomato sauce topped with a kale and sweet potato mash.

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vegetables

- Seasonal vegetable choice

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desserts

Warm chocolate brownie

Chocolate squares served with mint and vanilla cream.

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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Today's Menu...

Friday

Available in the school dining room

main course

Breaded fish fingers

Breaded cod fillet baked and served with chips.

Breaded vegetable bites

Mixed vegetables coated in golden bread crumbs.



vegetables

- Garden peas
- Baked beans

desserts

Assorted ice cream

Flavoured ice creams with raspberry sauce.

Fruit salad, yoghurt and homemade savoury and sweet tray bakes are available every day.

Soup of the day

Market vegetables

Available every day...

Pasta and baked potato bar with sauces and accompaniments

Salad bar with freshly prepared salads and chef's salads of the day, salad dressing, oils & vinegars, salad sprinkles



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